



Case Studies on Women's Involvement in Aquatic Food in Timor-Leste WorldFish, Ikan Adapt Project, Timor-Leste

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Introduction

This case study explores the multifaceted roles of women in aquatic food in Timor-Leste, emphasizing their significant contributions to household economies and community resilience.

Ikan Adapt project funded by GEF, lead by FAO, and executed by WorldFish in collaboration with DGPAGRA.

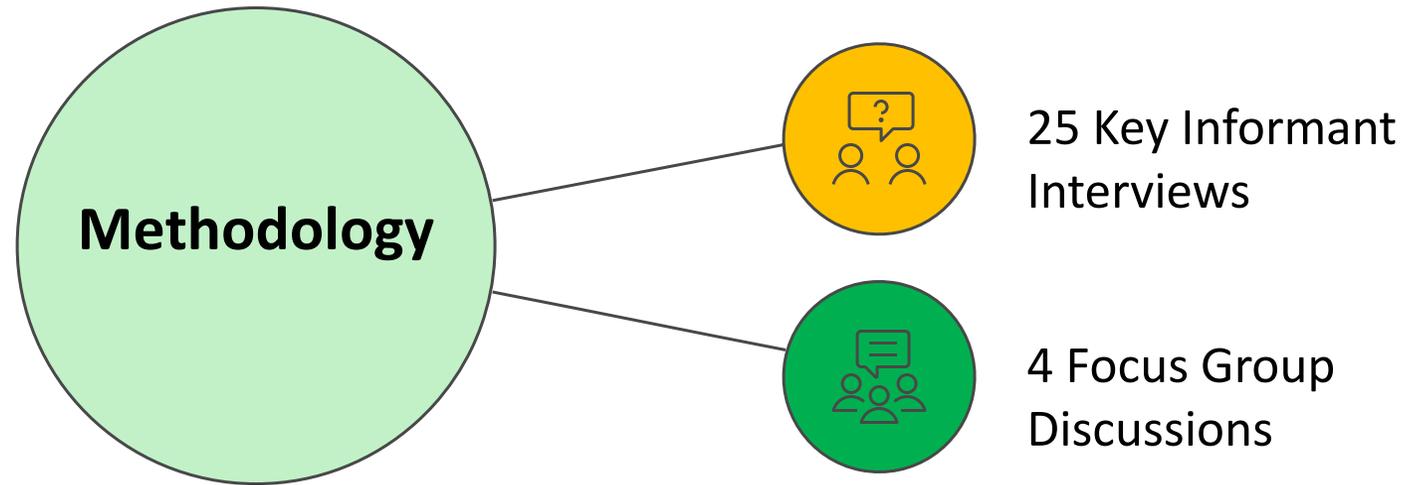
Women's contributions is overlooked and widely unknown by our own Timorese society.



Key objectives:

- Roles and responsibilities during pre and post harvest.
- Contributions to household economies.
- Resilience and adaptive strategies.
- Risks and challenges.
- Raise awareness.
- Recommendations.

Research Methodology





Roles and responsibilities in fisheries and aquaculture

- **Fisheries:**
- Pre: net and rope preparation, boat maintenance.
- Post harvest: processing, marketing and trading, and family consumption.





Roles and responsibilities in fisheries and aquaculture

- **Aquaculture:**

- Pre: pond preparation, dike preparation and maintenance, cooking, feeding, control water, control predators
- Post harvest: marketing, harvesting, managing harvest results for selling and family consumption.



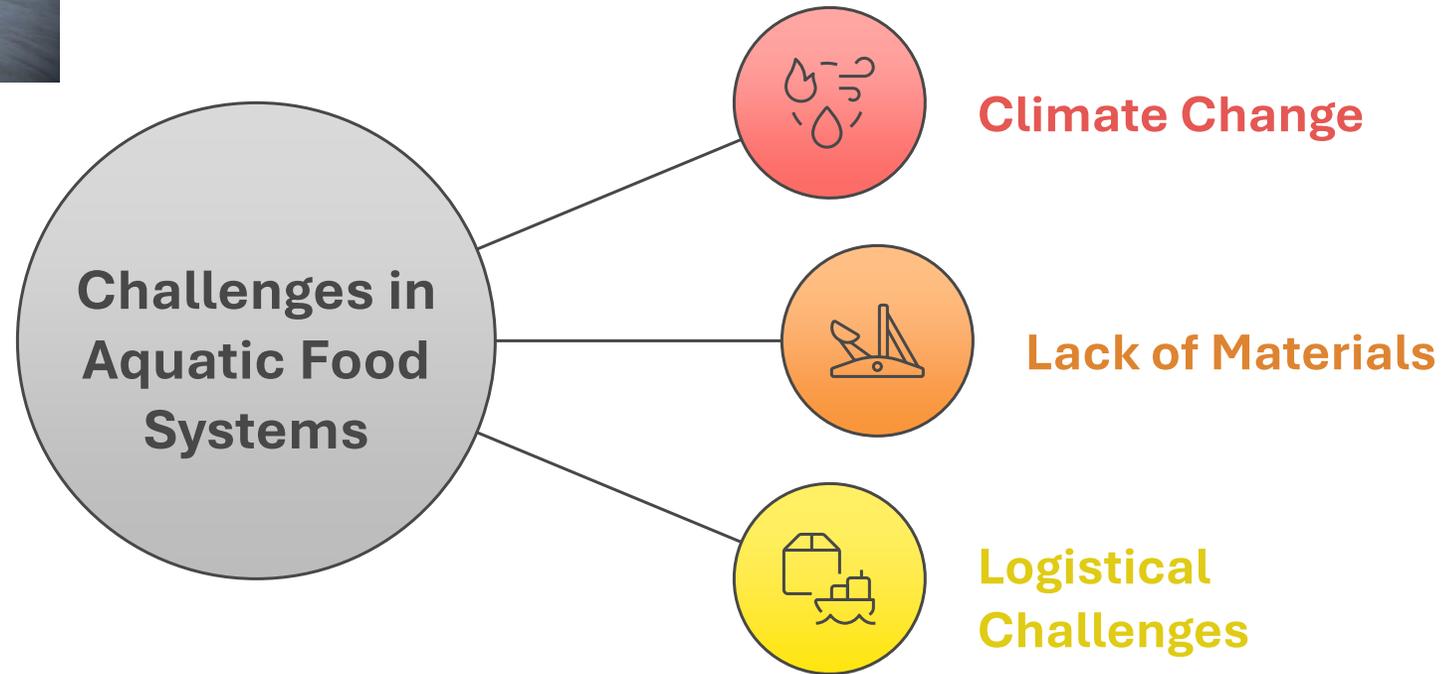


Contributions to household economies

Family economy: most of the income is used for necessities, school fees and supplies, house construction, purchasing feeds and fingerlings despite logistical challenges, and improved their livelihoods in general.



Risks and Challenges



Ikan Adapt project activities

Safety at sea videos

Videos about staying safe while fishing.



Capacity building

Training to improve skills and knowledge.

Fingerlings and feed

Providing young fish and their food.



Seaweed cultivation

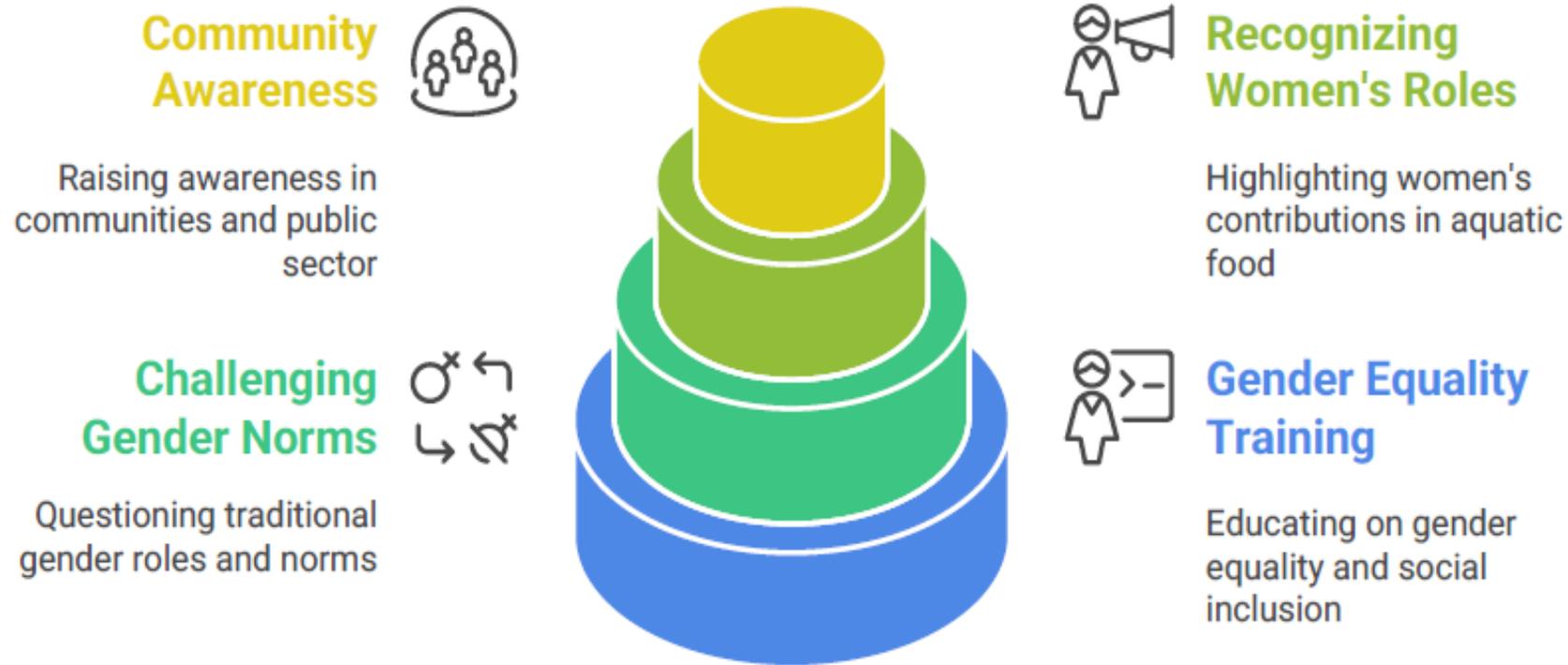
Growing seaweed that withstands climate change.



Business training

Education on how to manage a business.

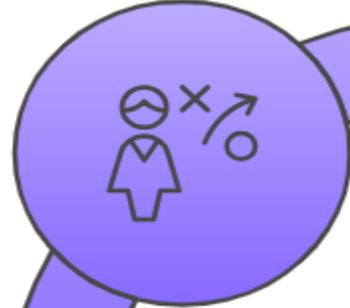
Empowering Women in Aquatic Food



Recommendations

Enhance Decision-Making

Strengthen women's roles in decision-making.



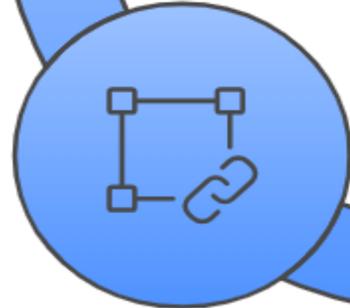
Empower Women

Provide resources and training to women.



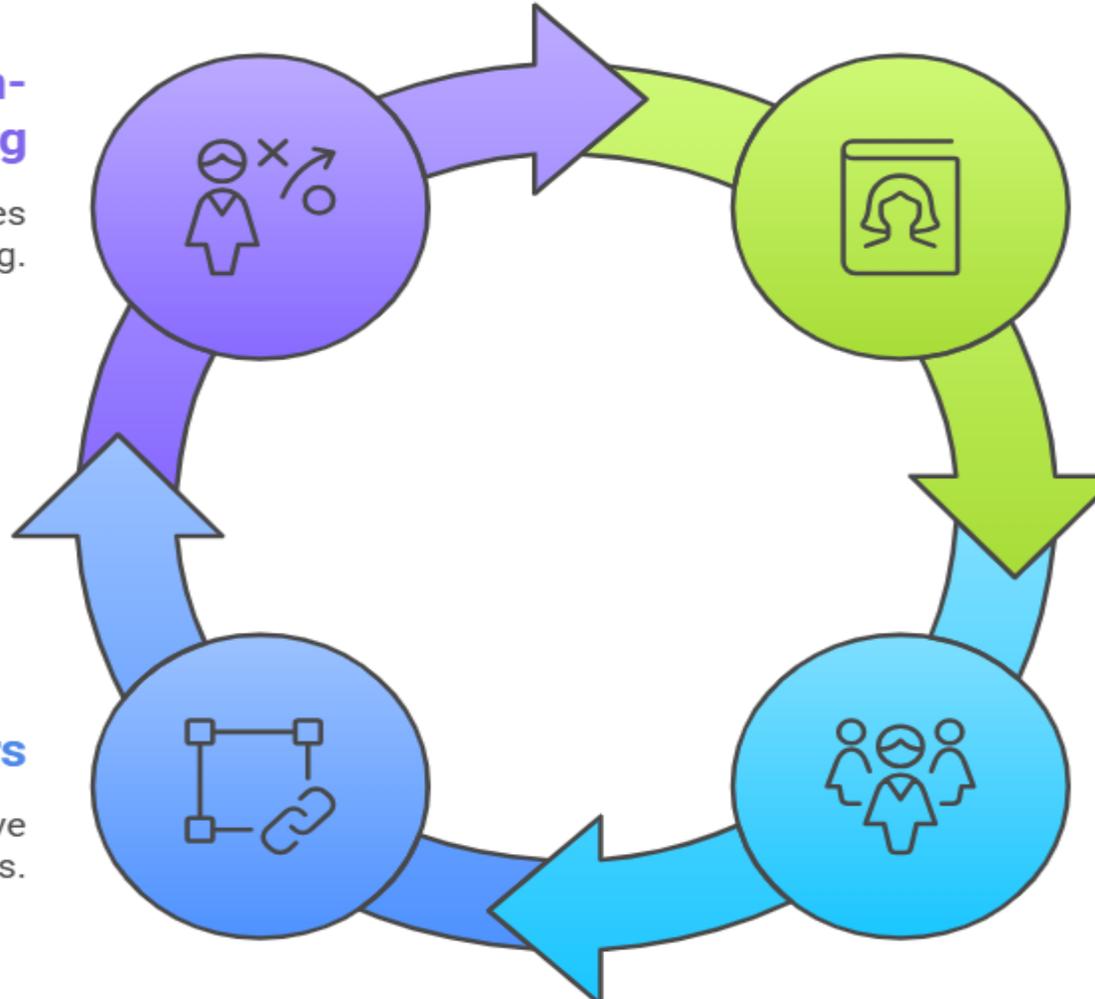
Address Barriers

Identify and remove systemic obstacles.



Integrate Leadership

Include women in decision-making roles.





Thank
you!

Obrigada!