Rachel Matheson is the Social and Gender Program Lead for Postelsia, a partner of the Asian Seafood Improvement Collaborative (ASIC). She is responsible for integrating a gender equality and social inclusion lens across all Postelsia and ASIC projects. Under the governance of a Steering Committee, Rachel coordinated the development of the ASIC Social and Gender standards for fisheries and aquaculture which aim to promote improvements in labour practices, human rights and gender equality in seafood supply chains that lead to increased well-being, cooperation and resilience for everyone involved. Prior to joining Postelsia, Rachel worked as a research assistant on various projects investigating the social-ecological and gender dimensions of sustainable development. Rachel graduated from Dalhousie University with a Master of Arts in International Development Studies, and prior to that obtained a Bachelor of Arts in Global Development studies from Queen's University.

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